



Glycemic Profile

In the days preceding the sampling, please follow this diet

Maintain a normal diet.

Avoid alcohol and smoking.

Do not interrupt drug therapies

Avoid strenuous exercise 8-12 hours prior to collection and in any case avoid any non-routine activities.

During execution of the glycemic profile, insulin dependent patients or patients subjected to therapy with oral antidiabetic must not interrupt treatment.

Fasting of at least 12 hours is obligatory.

The undersigned (name and surname) _____ declare
having followed the instructions in this disclosure

Date ____ / ____ / ____ Signature _____

Sampling procedure

- Perform the sampling in the morning (eg. 8 am).
- For the glycemic profile (3-4 samplings) perform withdrawals according to medical prescription indicating the time of the sampling on the test tube